

ComplexCare: support when you need it most

Coping with any health problem can be tough. But when you have one or more ongoing conditions that require special care, you need all the support you can get.

ComplexCare is here to give you that support — at no extra cost!

Our nurse care managers will work closely with you and your doctors to create a personalized care plan. That means we'll:



Help you **set** and achieve healthy lifestyle **goals**.



Answer your treatment **questions**.



Refer you to other health and wellness **programs**.



Share new ideas for taking care of yourself and sticking to your doctor's **advice**.



Keep your **doctors** and other health care providers, like pharmacists and nutritionists, **connected** and on the same page.



are satisfied with the support they got.*

Source: Internal Anthem Clinical Satisfaction Study, 2015.

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